Senior Women	Name	Races Run	Points	Marathon	**Over 35 Women**	Name	Races Run	Points	Marathon	**Over 45 Women**	Name	Races Run	Points	Marathon	**Over 55 Women**	Name	Races Run	Points	Marathon
	Lindsay Duffy	12	113	Manchester		Louise Dykes	13	118	Manchester		Sally Dack	13	129			Jacqui Keeley	10	99	London
	Joanne Love	8	73			Rosie Dawson	12	109			Melinda West	8	75	London		Jeannette Gratton	10	94	
	Laura Edwards	6	58			Helen Adamson	9	90			Sharon Caddell	9	81			Sandra Main	9	85	
	Sarah Roe	5	46			Sarah Short	10	81	Manchester		Julie Tweedy	5	42			Erika Enisz	9	75	
	Paige Mcleod	5	45			Andrea Clyburn	11	78	Manchester		Alison Bloomfield	3	21			Cheryl Robinson	2	15	
	Rebecca Wright	5	29			Jill Maddren	6	54			Debbie Simpson	2	18			Julie Foley	1	10	
	Claire Shipley	3	22			Helen Hill	6	47			Sue Walker	2	18						
	Rebecca Dawson	2	16			Allison Cammiss	2	14	London		Geraldine Bouttell	2	14						
	Alice Knight	1	10			Nicola Mulholland	3	13			Allison Rae	2	11						
	Denise Smith	1	7			Rachel Golightly	3	12			Marie Thwaites	1	9						
	Laura Short	1	6								Dorothy Harris	1	9						
	Imogen Guest	1	5								Kathryn Walker	1	8						
											Tracey Maskew	1	8						
											Melanie Shaw	1	6						
											Jacqui Keane	1	4						
											June Dickinson	1	3						

Table 1

Senior Men	Name	Races Run	Points	Marathon	**Over 40 Men**	Name	Races Run	Points	Marathon	**Over 5o Men**	Name	Races Run	Points	Marathon	**Over 60 Men**	Name	Races Run	Points	Marathon
	James Fishburn	15	148			Chris Jefferies	10	98	Manchester		Gary Dack	15	149			Mike Duffy	14	133	Manchester
	Matthew Bowman	15	136			Stephen Guest	8	73			Paul Wharton	13	108			Sid Rudd	15	125	
	Andy Davies	11	96			Ian Harris	8	67			John Gray	10	97			Tom Harper	9	76	
	Andy Love	13	93	Manchester		James Waite	7	56			Stephen Thompson	11	87			Peter Bowman	8	68	
	Darren Ansbro	15	91			Shaun Fraser	5	34			Michael Williams	9	63	London		Pat Keane	4	40	
	Stephen Roe	12	80			Andy Chadfield	3	30			Rob Nicholls	6	50			Chris Hockney	3	19	
	Ste Brown	8	55			Paul Edwards	4	28			Mark Rogers	6	47			Tony Main	2	17	
	Dave Mulholland	7	49	Manchester		Kev Patterson	2	20			David Mogie	6	44			Barry Johnson	2	15	
	Scott Boyd	5	46			Garry Short	2	16			Mark Grace	6	37			Alan Dowson	2	11	
	Callum Dack	6	43			Thomas Carberry	1	7			Dave Gatley	3	20			Ian Bowran	1	9	
	Luke Duffy	5	42			Dave Norman	1	5			James McGhee	2	17			Ken Ellis	1	6	
	Stephen McMahon	5	27	London							Paul Cutler	2	14			Richard Scott	1	6	
	Darren Clarkson	3	16								Paul Hughes	1	9						
	Paul Wilson	4	15								Kenny Stephenson	1	9						
	James McCue	1	9																
	Johnny Heslop	1	8																
	Ryan Brockbank	4	8																
	John Wallas	1	4	Manchester															
	Alan Edwards	1	4																
	Daniel Kell	2	2																
	Brandon O'Brian	1	1																
	Rob Hughes	1	1																
	Kev Brown	1	1																
	Callum Downing	1	1																
	Alistair Stewart	1	1																
	Jonathan Bowes	1	1																
	Craig Murray	1	1																
	Alexander Harker	1	1																